



OUT OF CONTROL

WORRY

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HOW DO YOU AVOID WORRY, WHEN THE WORLD IS OUT OF CONTROL?

1. Praise more (Philippians 4:4-5)
2. Pray more (Philippians 4:6)

Praise God for His:

Peace (Philippians 4:7)

Power (Philippians 4:11-13)

Provision (Philippians 15-17; 19-20)

3. Practice more (Philippians 4:8-9)

Soul-tattoo: Practice praising and praying