

LEARNING TO WALK ON WATER

LEARNING HOW TO DE-STRESS YOUR LIFE

Pastor Derwin L. Gray – November 22, 2015

Remember your citizenship (Philippians 3:20)

Remember Jesus' transformative power (Philippians 3:21)

Remember to rejoice in the Lord Jesus always (Philippians 4:4-5)

Remember to pray with thanksgiving (Philippians 4:6-7)

Remember to set your mind on Jesus (Philippians 4:8)

Soul-tattoo: De-stress your life by pressing into the Messiah (Silence and Solitude)