

# **OUT OF CONTROL**

# **FEAR**

# September 27-28, 2014

- · Open in prayer.
- Discuss some of the fears you've faced in the past or the present and how they can or did get out of control.
- Let God's perfect love remove your fears.
  - o Read 1 John 4:7-8, 18 and Matthew 22:37-40.
    - What does 1 John 4:7-8 and Matthew 22:37-40 have in common?
    - How does perfect love "cast out fear"? Give life examples.
    - Why is it important to understand that God's perfect love removes your fear, not necessarily the thing you're fearing?
  - o Read 2 Timothy 1:7 and Philippians 4:13.
    - In what areas are you living in fear and timidity?
    - How can you apply God's power, love, and self-discipline to these fears?
    - How does "I can do all things through Christ who gives me strength" apply to your current situation or challenge?

#### Trust God in every aspect of your life.

- o How many times do you allow fear to overtake your life?
- o Have you ever been so focused on a fear it distracted you from everything else in life? Give an example.
- o Read and discuss Philippians 1:6.
  - What is the "good work" that God began in you and will bring it to completion?
  - How does this good work keep you from fear?
- o Read and discuss 2 Corinthians 5:17.
  - Give practical examples from your life about how you are a 'new person' in Christ.
  - Read and discuss Proverbs 3:5-6.

### • Allow God's peace to guard your heart.

- o Read Isaiah 26:3, Philippians 4:7, and Colossians 3:15.
  - How is "peace" active in each of these passages?
  - How can you apply this "active peace" in your life today?
- Read and discuss the second value of Transformation Church.

## o The Transformative Gospel of Grace

We are committed, through the Spirit's enabling power, to be a community that invites and seeks out the wounded, the broken-hearted, and the marginalized so that they can be transformed by the Gospel of grace into the image of Jesus, joining Him in His mission to transform the world. We are committed, through the Spirit's enabling power, to the belief that Grace is Jesus Himself coming to live in and through His people. Life in the Kingdom is empowered by the King of Kings, not human effort.

Soul-tattoo: Marinate on God's love, trust in Him, and allow His peace to guard your heart.

### **CALENDAR**