

FINDING HAPPINESS

HAPPY ARE THE MEEK

January 17, 2016

1. Open in prayer: "Holy Spirit, being meek is not popular in our culture, nor is being meek natural. Holy Spirit, we desperately hunger for You to transform us into a meek people, reflecting the heart of Jesus. Amen."
2. Read Matthew 5:1-12. Discuss how this series, "Finding Happiness" is impacting you personally. Now read Matthew 5:5.
3. Read Psalm 37:11. This promise affirms the beatitude of Matthew 5:5. Discuss what it means to "inherit the earth."
4. Pastor Derwin said, "Our happiness is found in being meek, not weak. Meek people do not insist on their own rights. A meek person is Jesus-centered, resulting in becoming others-centered. Meek people are not selfish, they are selfless."
 - How does embodying meekness in the Spirit's power make us happy?
5. Explain Pastor Derwin's statement, "Weak people walk reactively in the flesh." Read Galatians 5:16-21.
6. Discuss Pastor Derwin's statement, "Meek people live proactively in the Spirit." Read Galatians 5:22-24.
7. If you were able to attend a service, how did the prayer and anointing time impact you?
8. Close in prayer.